

SPIRIT OF FRIENDSHIP 2009: ALVIN LEE AND ALHAM FAKHRY

Good evening everyone.

Alham and I are very happy to be here tonight and we are thrilled to receive this award.

First off, I would like to thank Best Buddies Canada for giving me this great opportunity for both myself and my buddy Alham.

I would also like to thank all my friends, family members and teachers who supported me throughout the year.

And most importantly I would like to thank Ms. Kent, who put tremendous amount of effort into our chapter at Stephen Lewis. Her positive attitude and motivation were great reasons for me to be in the Best Buddies program.

I joined Best Buddies back in October simply to fill my community hours. However, this decision I made was definitely the best choice I made this year.

My time at Best Buddies was packed with excitement, and fun.

By looking back to the group activities like Tim Horton's night, the wave pool to playing video games and working out at the fitness centre with Alham, our friendship will be a memory that will last a lifetime for me.

I would finally like to thank Alham for being such a great pal and being there for me as much as I was there for him. I am really looking forward to another great year with him.

Personally I think Best Buddies Canada is a great program and I highly recommend students to join, because it will bring a great and unforgettable experience of your life. Friendship is an essential part of anybody's life and it will definitely being pleasurable and happy times just like how our friendship is filled with joy.

I thank you all for coming and I hope everyone has a great night.

-Alvin Lee

My name is Alham Fakhry. I was born in Afghanistan. When I was 7 years old my family moved to Pakistan where we stayed in a refugee camp for a long time waiting to come to Canada. I was 8 years old when we finally moved to Canada. I did not speak any English and had to work hard to learn the language. So, at first going to school in Canada was difficult for me because I did not know the language did not know how to do some stuff and not know anyone. My mom was working so I had no one to help me with

my school work at home. But I worked hard and did my best on everything. I know what it is like ~~to~~ ^{not to} have ~~no~~ friends because this is what happens when you move to a new country. it is so nice now to have ^a friend to help me with school and share my ideas with.

My buddy Alvin is my best friend. We talk a lot and I trust him with everything. Alvin has shown how to do a lot of new things. For example, he's shown me how to use the weights at the gym- my favorite is the chest press. He's also shown me how to do a lot of computer things like driving a car. He also gives me good advice whenever I'm unsure about something. He always takes me places like Tim Hortons, or the mall, really enjoy everything I do with Alvin. We had a great time when we got together over the summer. Even though Alvin is going to graduate at the end of

This year I know we will
always be friends forever.
I feel lucky that I have a friend
like Alvin. I'm feel very honored
that he and I have won an award.
Thank You Very Much